

Erasmus+ KA2 "Ipso Facto (Innovative Pedagogical Scenario On Food And Consumption Trends and Opportunities)"

FRANCE, Niort, Lycée de la Venise Verte

17-23 March 2019

Narrative Report

Mrs Francesca Migliarese, teacher

Last school year I worked in the class IV D, involved in the Erasmus+KA2 project "Ipso Facto". During the year the students have developed the project preparing materials, videos, interviews and researches about Food and Health



On 17th March 2019 a group of six students, Mrs Madonna Lucia - the Science teacher - and me started our last exchange in Niort, in Western France. Mrs Madonna and me were hosted by Stephanie, an English teacher, by her family and her pets. It was a wonderful experience because we knew generous and special people who took good care of us and of our needs.



The school involved in the project was the Lycèe de la Venice Vert, a very big school well equipped with laboratories and facilities for the students. I was very surprised by the attention given to the students and to their physical and psychological health, providing medical staff and support.





During the week the students and the teachers partecipated to a lot of activities, such as a treasure Hunt to discover the different places of the school

• a presentation of the interviews to experts about Food and Health



• Science lab activities



• the creation of big billboards with the best pictures taken during the exchanges in Finland, Italy and Czech Republic



 a culinary cooking workshop with the chef and the staff of the school canteen



• a choreography with all the students coming from the 4 countries, performed at the theater at the presence of parents and students.



An amazing experience was the visit to the FUTUROSCOPE, a kind of leisure park based upon multimedia, cinematographic and audio-visual techniques.



A very interesting exchange both for the students and the teachers, because we had the possibility to practise other languages, in particular English, to meet other people from different cultures and to know beautiful places. Moreover, all the project has contributed to make the students aware about the importance of a healthy nutrition!

Migliarese Francesca