

ERASMUS+ KA2 "Ipso facto (Innovative Pedagogical Scenario on Food and Consumption Trends and Opportunities)

Narrative report of mobility at Niort, France. March 17-23 th 2019

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This year my school participated to the project IPSO FACTO together with three other countries: Finland, Czech Republic and France. The objective is to increase awareness on how food habits affect our health. The goal is to create an emag about this theme.

In January, I was lucky to host a boy who came from Czech Republic. Initially I was very scared but then the excitement took its place seeing this experience as an opportunity to learn to communicate in a different language.



For being involved in the Erasmus+ project and for having hosted a foreign boy I had the opportunity to leave for France.



After the endless journey, we arrived at Niort station where each of us was assigned to her host family.

The following morning French teachers, very kindly offered us breakfast. After visiting the school, we immediately started working on eMag divided into groups. We have created descriptions in English and French for photos. It was very inspiring!





The activity that took us the most time was the choreography we prepared for the final essay that took place on March 21.

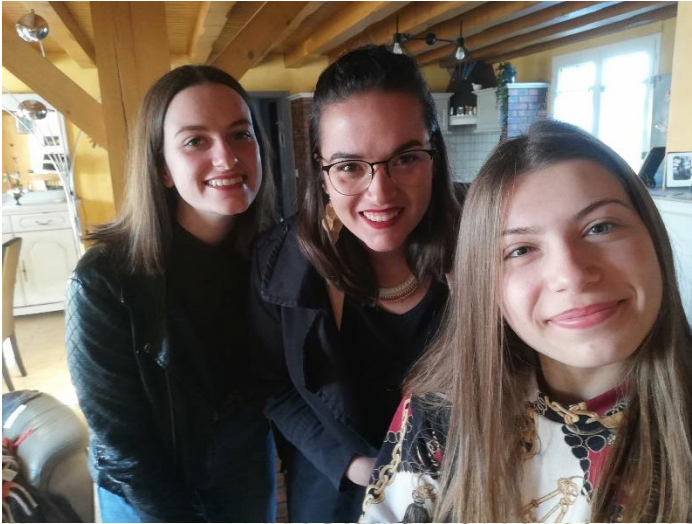
Our dance teacher, Jennifer, is American but she is in France for work, she speaks many languages and is a very intelligent woman. The choreography, which involved more than 20 students from different European countries, aims to convey a very strong meaning that is diversity, now seen by people as a defect, is a real richness.



The last day was really fun. We were in a park, called Futuroscope with lots of entertainment, such as the time machine, dynamic games and extraordinary journey. The nostalgia was already felt a little, in fact the following morning all the people wept.

From this extraordinary experience, I have learned that to get involved means to win; I will never forget the girl who hosted me, her friends and all my traveling companions.





I would recommend this experience to all the guys like me love the world because we can learn new things only living it.