



Progetto Erasmus+ KA2

Ipsos Facto (Innovative Pedagogical Scenario On Food And Consumption Trends and Opportunities)

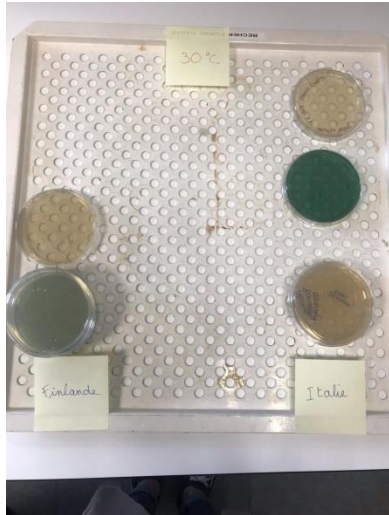
Alice Bonacci, Liceo Scientifico Sportivo, 4F



During my fourth year of high school I was offered the possibility to take part in the Erasmus +KA2 project as an exchange student. It is a project that allows every student to spend some time in a different country, to learn something more about different school systems, food and different ways of living. For what concerns my experience, I spent one week in France: even if it could seem a very short period of time, I learned so many things and I had much fun! I was hosted by a French family and I also attended school there.

- March 17: I left with my friends and professors, we arrived in the evening and met the host families.

- March 18: We took a tour of the school led by some girls, then went to a dance school in the afternoon to prepare for the closing show of the project.
- March 19: French professors took us to the Biotechnology lab to do experiments.



- March 20: We spent an afternoon together at Niort's bowling.
- March 21: We took the bus to the theatre to perform in the final show in front of all the families and then we ate all the various typical products together in the school canteen.



- March 22: We were given the chance to go to the Futuroscope, to play the different games and be all together! In the evening all the French boys and girls took us to a restaurant to spend one last evening together.
- March 23: We left to return to Italy.

In conclusion, I can say that this was a very challenging week for me, because I needed to put myself out there, speak another language and accept different ways of thinking and living. Nevertheless, I am very happy about my experience there and I would do it again if I had the possibility, because I met wonderful people, I visited new places and I learned to enjoy and appreciate every single moment!

