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Partenariati strategici tra sole scuole per lo scambio di buone pratiche

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## **Narrative report**

## "Un homme sain dans un environnement sain"

## Sebeș, Romania

7-14 October 2018

Written by: Samuel Perri, 3D "IIS Fermi" Italy

I took part in the project "Erasmus+ KA2" because I felt the need to have an experience like this, and I thank my school and the Rumanian school and all the people who allowed me to visit Rumania and to participate in this project that concerns a timely topic that is the importance of a clean environment.



Day 1: We left Italy at 3pm and I was excited for the trip by plane, it was the third time that I took the airplane but never for such a long trip. It was exhausting and when we arrived in Romania we took a bus from Bucarest to Sebes. We arrived at midnight and we went to our hosting friends house.



DAY 2: On the second day, after arriving at school, we met the headteacher. She showed us the school with the laboratories and she explained us the project. In the afternoon we visited the city and we took the first photos for the "photo voice"



DAY 3: On the third day we went to Fares to visit the Deva Fortress. It was interesting discovering the history of this place. After that we had lunch at the commercial centre and in the afternoon we visited Hunyadi Castle, then we got back to school and we analyzed the photos of this day.



DAY 4:In this day we visited a hydroelectric plant to learn how to produce clean energy. Later we had a break and we went to Daia

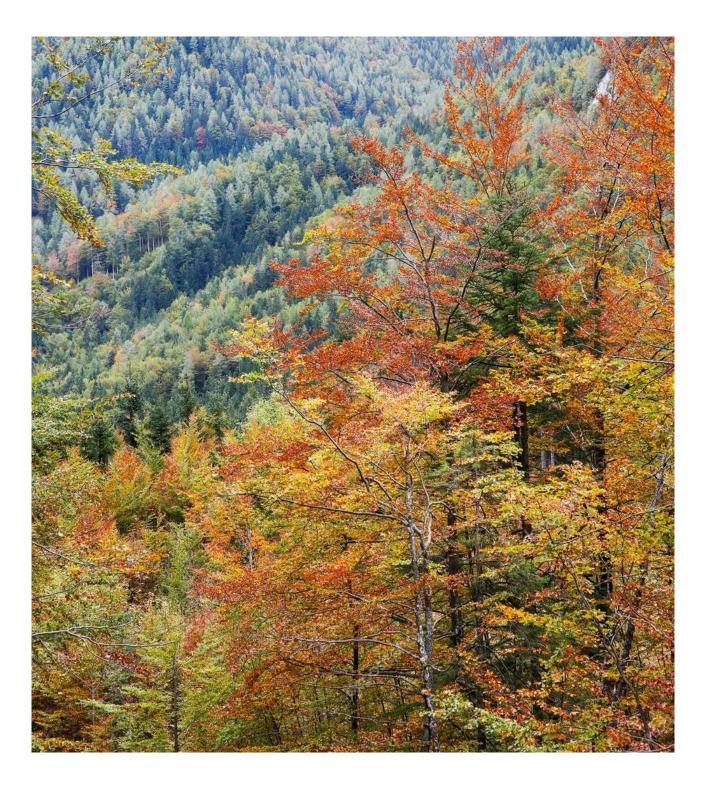
Romana a small village where we tasted some typical foods. In the afternoon we visited the city of Alba Iulia



DAY 5: On Thursday we left for Sugag, after 2 hours we reached the hydroelectric plant of Sugag, we went down quite a lot metres and we visited it, after that we visited a museum about the Orthodox Church and then we tasted some typical foods. Coming back we passed along the Transalpina, the most important road of Alba Iulia.



DAY 6: In this day we did a very special activity: in the forest of Sebes we planted some trees, it was hard but gratifying, for the first time I did something concrete for the environment. Then we had lunch with some sandwhiches and we came back to school where we organized the programmed video for "photo voice"



DAY 7: It was the last day in Romania.

We left for Bran very early because it was far away from Sebes, we arrived at 11 o' clock, and we visited the famous castle of Dracula, it should have been a guided tour but we lost our tour guide so we didn't understand anything about what we saw. Anyway we came back home to pack.

Around 3 a.m. we took the bus from Sebes to bucarest and at 2:45 p.m. we flew to Italy.



**CONCLUSION:** 

It was the best experience of my life and the first time out of Italy.

I met a lot of great people, and I discovered a new culture that surprised me, it opened my mind and still reminds me of how amazing is the world.

I tasted a lot of new foods, but i didn't like them because I'm too picky!

In conclusion I can say that this experience has changed me in a positive way, and it has certainly improved my English too. I will surely get back to Romania in the future