

Erasmus+ KA2
“Un homme sain dans un environnement sain”
Project summary

The Project ‘Healthy human in the healthy environment’ (‘Environment and human health’)was created out of the necessity for environmental protection as well as for care about young people’s health. As teachers, we feel obliged to make all our students aware of the complex relation between the human activity and natural environment. Through our project we want to show that we play an important role in the changing environment and we cannot stay passive but we have to try to eliminate the fundamental errors made by human beings towards the environment.

The aim of this interdisciplinary project (biology, geography, economy, French, English and ICT) is to make the students’ learning more attractive by implementing the innovative methods and by motivating them to know the basic elements of the school syllabus. The students will acquire skills that will be useful in their future life.

Secondary school students from four European countries will teach each other by presenting a healthy eating approach and their attitude to the issue of balanced development, from their personal perspective from the perspective of their countries. They will share their knowledge of the local or regional environmental problems . They will put the acquired knowledge of biology, geography and economy into practice by working out better ways of healthy eating and of the individual environmental protection.

The international project will give students the opportunity to practise and improve their language skills in French and English.

The students will develop the skills of critical thinking, undertaking community-based initiatives and becoming active and creative.

As for the teachers, they will be able to acquire new skills, learn new teaching techniques and to develop their professional profile. Moreover, they will share their knowledge with their teacher colleagues in their school.

All the participants of the project will improve their ICT skills using advanced technologies (blog, video conference) and using new programs in order to prepare the materials for the project (eg.e-book, Glogster, the Internet guide).

During the international group meetings we will prepare several products that will help us promote the ideas we will write about on the blog (posters, presentations, films, article and so on).

In addition, we want to encourage students to active citizenship by taking part in international actions aimed at the protection of the environment (World Water Day, Earth Hour, Earth Day) and at health care (the European Day of Healthy Food). We will also organise in our towns a ‘May trip on the bike’, promoting healthy lifestyle and ecological means of transport.

The project will contribute to the students’ growth of knowledge and communication skills development. It will teach them how to undertake initiatives and get involved into community life.

The schools will enrich their educational offer and gain the reputation as modern institutions.

