

## **Progetto Erasmus+ KA219**

Ipso Facto (Innovative Pedagogical Scenario On Food And Consumption Trends and Opportunities)"

**Short Term mobility** 

FINLAND, Mäntsälä

10-15 December 2018

**Narrative Report** 

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## Aweekin Einland

During the days spent in Finland, from 10 to 15 December 2018, we have carried out many activities. We spent a journey of about 10 hours, but it was very pleasant thanks to the company of my friends.





The following day, we visited the university located in Helsinki, and then worked on the Erasmus+ project.



Tuesday 12, we went to the capital of Finland, Helsinki, where we visited a museum and later had some free time to visit the city.

The food was very

good.





The next day we went to school to complete the work we had started at the university.



After lunch, we moved in a group .. They took us to see the city from above.



On December 13th, we celebrated the Christmas party in the school, and after working for a long time, we went to drink a hot chocolate.



the penultimate day, we cooked the Christmas specialties of Finland .. The result was really good.







The next day, December 15th, unfortunately, we had to leave .. it was a beautiful experience, which would do another 100 times.

This is a photo of me with some sisters of the girl who hosted me.



## **THANKS FINLAND**

-Noemi Terruso..