

Erasmus+ KA2

“IPSO FACTO”

(Innovative Pedagogical Scenario On Food And Consumption Trends and Opportunities)

Project summary

Nutrition as much as new technologies have in common that they help reveal social inequalities. School has a role to play in acting positively on health and knowledge.

Our project entitled IPSO FACTO (Innovative Pedagogical Scenario On Food And Consumption Trends and Opportunities) has two main goals:

- 1) raise the students' awareness of the influence of food and eating habits on their health, the / their environment by using information technologies and digital communication
- 2) enable the teachers to try out innovative educational approaches

Imagine a European magazine on food and health issued by students. Its editorial policy aims at promoting solidarity and citizenship. We will try to underscore healthy gestures as well as social and rather than stigmatise some inappropriate behaviours. Those high-school pupils turned into journalists will go to the four corners of Europe, ie Finland, the Czech Republic, Italy and France, looking for new experiences that will alert on some hazards. They will also look for accounts from people who are involved in defending citizen's well being. In their own country, the students will have to interview health specialists and conceive prevention plans. Their research will be available on websites and translated into 5 languages so to enlarge it thanks to the use of the eTwinning site.

Thanks to this experience, the values of fairness, cooperation and solidarity will make sense for our students who will also develop many basic and cross-disciplinary skills, facilitated by the use of the IT tools.

The challenges regarding the project remain numerous. First, It is about developing the 21st century “4 C” skills : to Create, Cooperate, develop a Critical mind and Communicate using IT Tools and social networks. Our students will become aware of the impact of nutrition on their health in a practical way. Nutrition must be understood as the point of balance between energy intake and physical exertion. Hence our choice of a choreography as a final production.

However our partnership will go beyond this choreographic show. Our IPSO FACTO project will be detailed in Good Practice guide as a toolkit to be used by educators to raise the students' awareness on nutrition, eating habits and health, boost their confidence and spirit of initiative, encourage their practice of foreign languages as well as their mobility, teach them to collaborate and in so doing, prepare them for higher education.

IPSO FACTO is implemented with methodology and quality standards. IPSO FACTO relies on a steering committee, a project commission and various working groups. A balanced scorecard to evaluate all the activities will be used and assessment surveys will be carried out. Assessment grids will also be shared among partners. This project is led by the Headmasters and teachers of four high schools... 90 students are involved, aged 16 to 18 and from various classes: technology, science, literature and sports sections. 72 of them will be part of the mobility project, among whom 6 for a longer period.